



Stephanie Vogl

Director | stephanie@dancersedgeonline.com

Hello! My name is Miss Stephanie, and I am so excited to have you in my class! I fell in love with dance at a young age, and now I have the best job in the world getting to share that with you! This sheet is to help you understand my teaching philosophy, provide you with some tips on what to do/not do in class, and some fun facts about me. While participating in my class, please adhere to these three principles:

Be Kind.

To yourself
To your classmates
To your instructors

Be Excellent.

Excellence is always striving to do better. Nobody is perfect, but we can all be excellent!

Be EDGY.

Be unique.
Be fearless.
Be you!

Do's

- Bring a notebook & writing utensil (Levels 3+). Writing = better retention = faster progress!
- Be responsible. Remember your notebook, review your choreography, and come dressed in proper attire.
- Dance full out, all the time. I promise it's more fun (even though it seems like more work)!
- Hold yourself to a higher standard than anyone else. Good life practice!
- Have FUN! When you look back, your time in dance class will feel like a blink of an eye. Enjoy it! There's no other feeling in the world!

Don'ts

- Take up precious class time using the restroom. Go before or after class!
- Say you can't do something. I wouldn't be asking you to try a step if you're not capable of it. I believe in you - you have to believe in you too!
- Be scared of messing up. Failures are the pillars of success and totally normal! I fail a lot! The key is to focus on learning from them.
- Take corrections personally. Understanding corrections are gifts to help you improve is one of the biggest life lessons dance teaches.

Attire

- As a dancer, your body is your instrument. Dance is a visual art so it's important you showcase your professionalism in your attire/appearance. *Beyoncé wouldn't show up for a concert in sweatpants & a messy bun!*
- Hair should be pulled back for all classes.
- Ballet 4+ students must have hair in a bun.
- Things not ok for Ballet class: Tanks, t-shirts, Half Ballet shoes, excessive jewelry, gum
- In order for our class to truly work as a team, everyone must exhibit proper attire. If not dressed in proper attire, you will get one warning before being asked to observe class.

About Me

- I'm the 2nd of 4 (One sister, two brothers).
- I made my sister play school and dance class for *hours* growing up. Complete with lesson plans and all... I've always loved teaching!
- I'm a huge nerd. Math is my favorite. Need help with homework?! Come find me!!
- Snuggles with my puppies are the BEST.
- I'm a night owl, so mornings are not my jam. I also drink a lot of coffee...
- I met Mr. Charlie at dance when I was 9. We always got assigned to do lifts/partner work together. He had a crush on another girl, and I thought he had cooties... Funny how these things work out! :)
- I love my job and spending time with TDE students & faculty - truly extended family!